



Seed To Tree Ministry

### Spiritual Formation Book Recommendations

Barton, Ruth Haley and Jr., M. Robert Mulholland, *Invitation to the Journey: A Road Map for Spiritual Formation*. Downer's Grove, Ill.: IVP Press, 2016

Benner, David G. *The Gift of Being Yourself: The Sacred Call to Self-Discovery*. IVP Books, 2015.

Bonhoeffer, Dietrich, et al. *Life Together*. SCM Press, 2015.

Brueggemann, Walter. *Praying the Psalms: Engaging Scripture and the Life of the Spirit*. Cascade, 2007.

Cross, John Of the. *The Dark Night of the Soul: A Spiritual Canticle, and the Living Flame of Love/ of Saint John of the Cross*. Translated by David Lewis. Thomas Baker, 1891.

Foster, Richard. *Prayer; Finding the Heart's True Home*. NY, New York: HarperSanFrancisco, 1992.

Hagberg, Janet O. and Robert A. Guelph. *The Critical Journey; Stages in the Life of Faith*. Sheffield Pub. Co., 2005.

Hurnard, Hannah. *Hinds' Feet on High Places*. Tyndale House Publishers, 1993.

Johnson, Jan. *Invitation to the Jesus Life: Experiments in Christlikeness*. Colorado Springs, CO: NavPress, 2008.

Lawrence, et al. *Practicing the Presence of God: A Modernized Christian Classic*. Paraclete Press, 2007.

May, Gerald G. *Addiction and Grace*. HarperSanFrancisco, 1991.

Meza, S N. *Across Her Heart*. 2020.

Peace, Richard. *Spiritual Journaling: Recording Your Journey Toward God*. NavPress, 1998.

Peterson, Eugene H., and Leif Peterson. *A Long Obedience in the Same Direction: Discipleship in an Instant Society*. IVP Books, an Imprint of InterVarsity Press, 2021.

Ruffing, Janet. *Spiritual Direction: Beyond The Beginnings*. London: St. Pauls, 2000.

Sherbino, David. *Re:Connect: Spiritual Exercises to Develop Intimacy with God*. Castle Quay Books, 2013.



Teresa, et al. *The Interior Castle*. ICS Publications, 2020.

Thomas, Gary. *Sacred Pathways: Discover Your Soul's Path to God*. Zondervan, 2010.

Seed To Tree Ministry

Thompson, Curt. *The Soul of Shame; Retelling the Stories We Believe About Ourselves*. Downers Grove, IL: IVP, 2015.

Wardle, Terry. *Outrageous Love, Transforming Power: How the Holy Spirit Shapes You into the Likeness of Christ*. Sovereign World, 2004.

Willard, Dallas & Jan Johnson. *Renovation of the Heart*. NavPress, 2006.